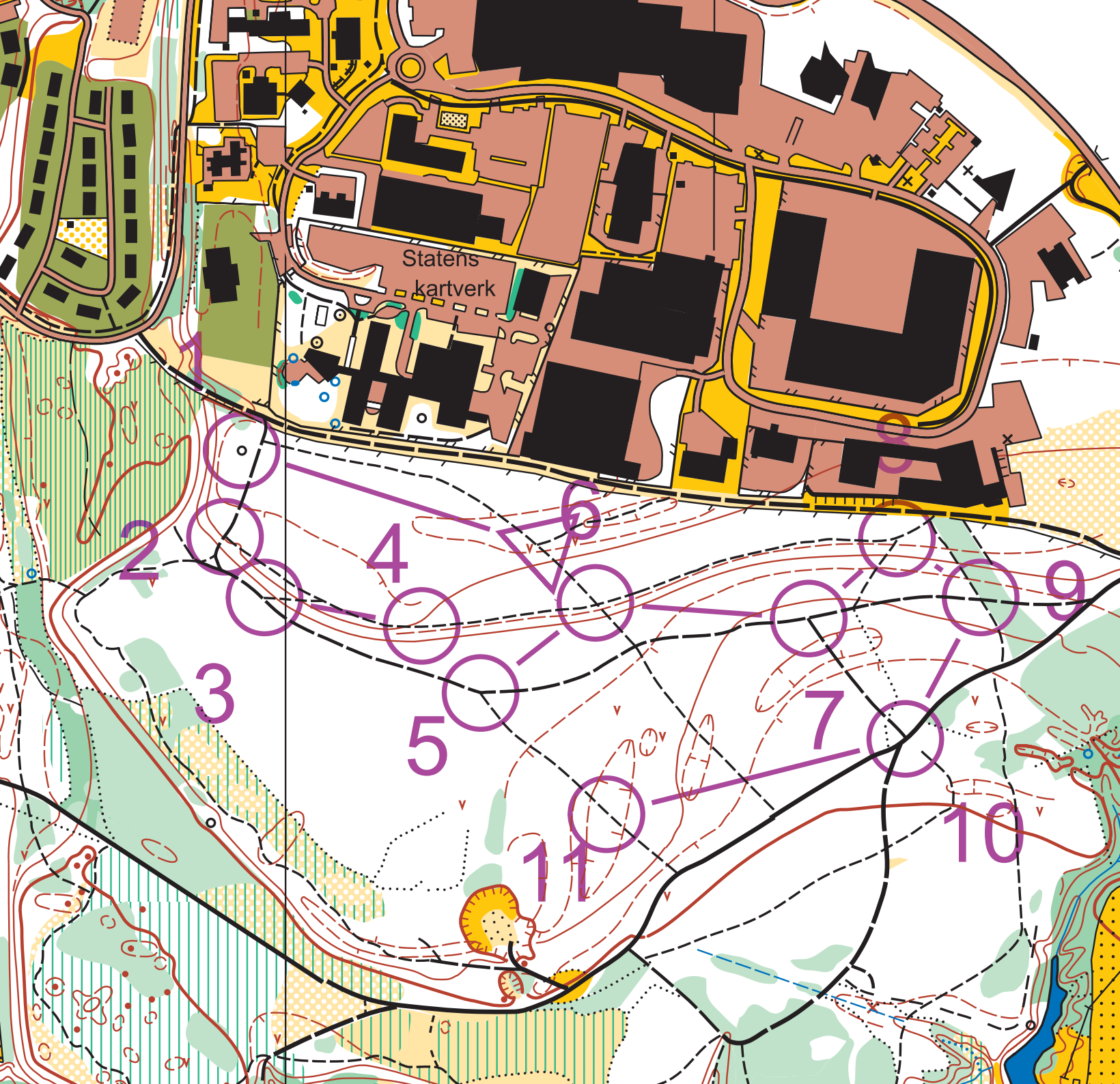


NORD



Trening uke 6

1		1,6 km			
▷					
1	44	○			
2	45	/	✓		
3	32	/	✓		
4	46	/			
5	136	/	✓		
6	137	/	✗		
7	139	/	✓		
8	142	/	✓		
9	143	/	✓		
10	147	/	✓		
11	144	/	⊖	✗	

Hverven