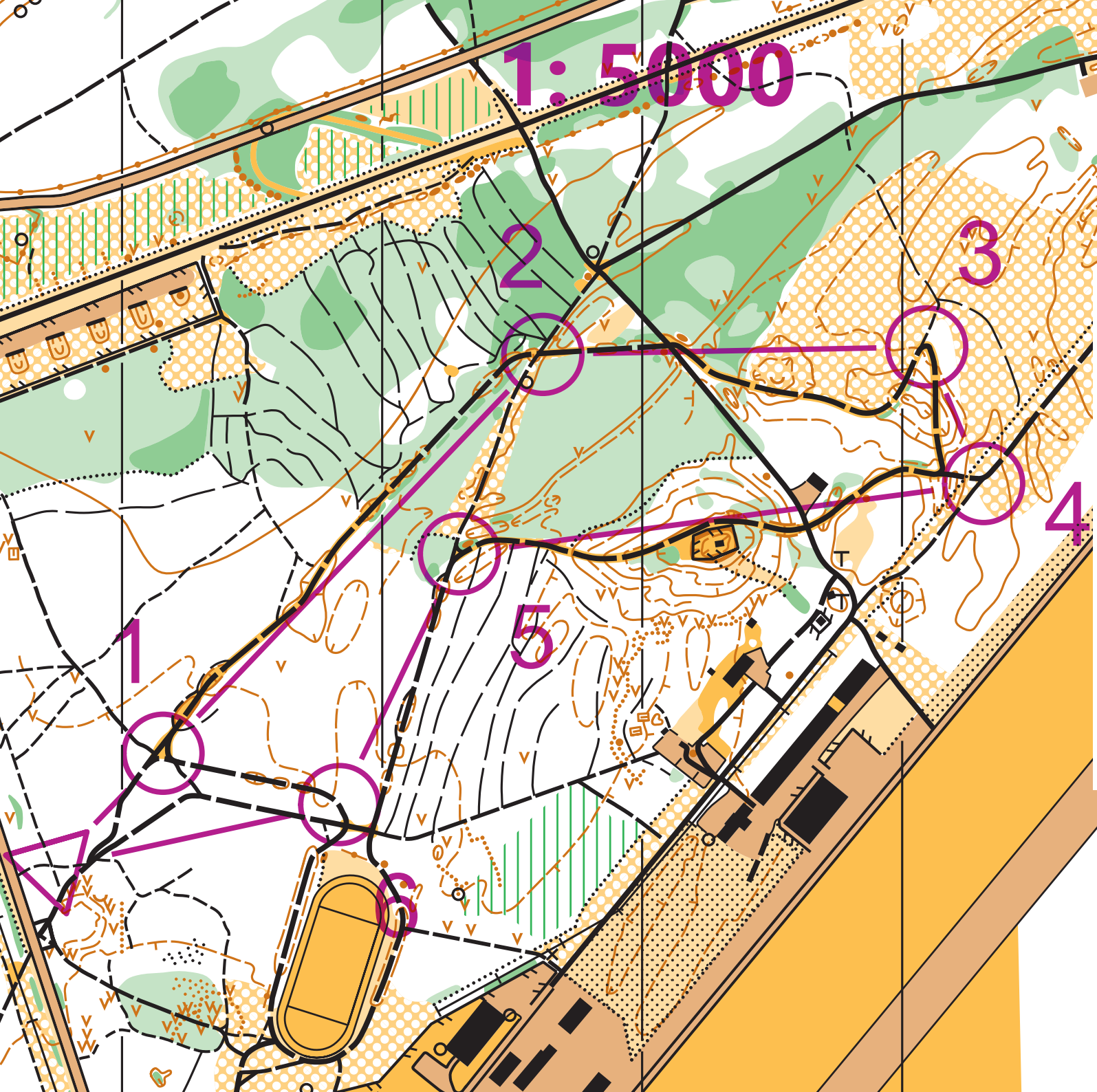


1: 5 000



Trening uke 6

| | ski o 2 | 2,3 km | | | |
|---|---------|--------|---|--|--|
| ▷ | | | | | |
| 1 | R | / | × | | |
| 2 | C | / | × | | |
| 3 | S | / | < | | |
| 4 | D | / | Y | | |
| 5 | B | / | Y | | |
| 6 | A | / | < | | |