



Trening uke 43

Kompass 2		2,8 km			
▷		↘	γ		
1	39 ←	●			
2	42	∩			
3	38	⊖			
4	45	↘	γ		
5	32	∩			
6	34	⋯			∧
7	33	●			
8	36	∩			
9	46	⊖			⊙
10	47	∩			
11	31	○			
12	41	⊖			
13	50	○			
14	51	⊢			