



Trening uke 42

Kompass 1		2,0 km			
▷		⋄	γ		
1	51	⊥			
2	50	○			
3	41	⊙			
4	44	⊗			
5	36	∩			
6	35	⋄	×		
7	34	⋯		∧	
8	37	⊗			
9	31	○			