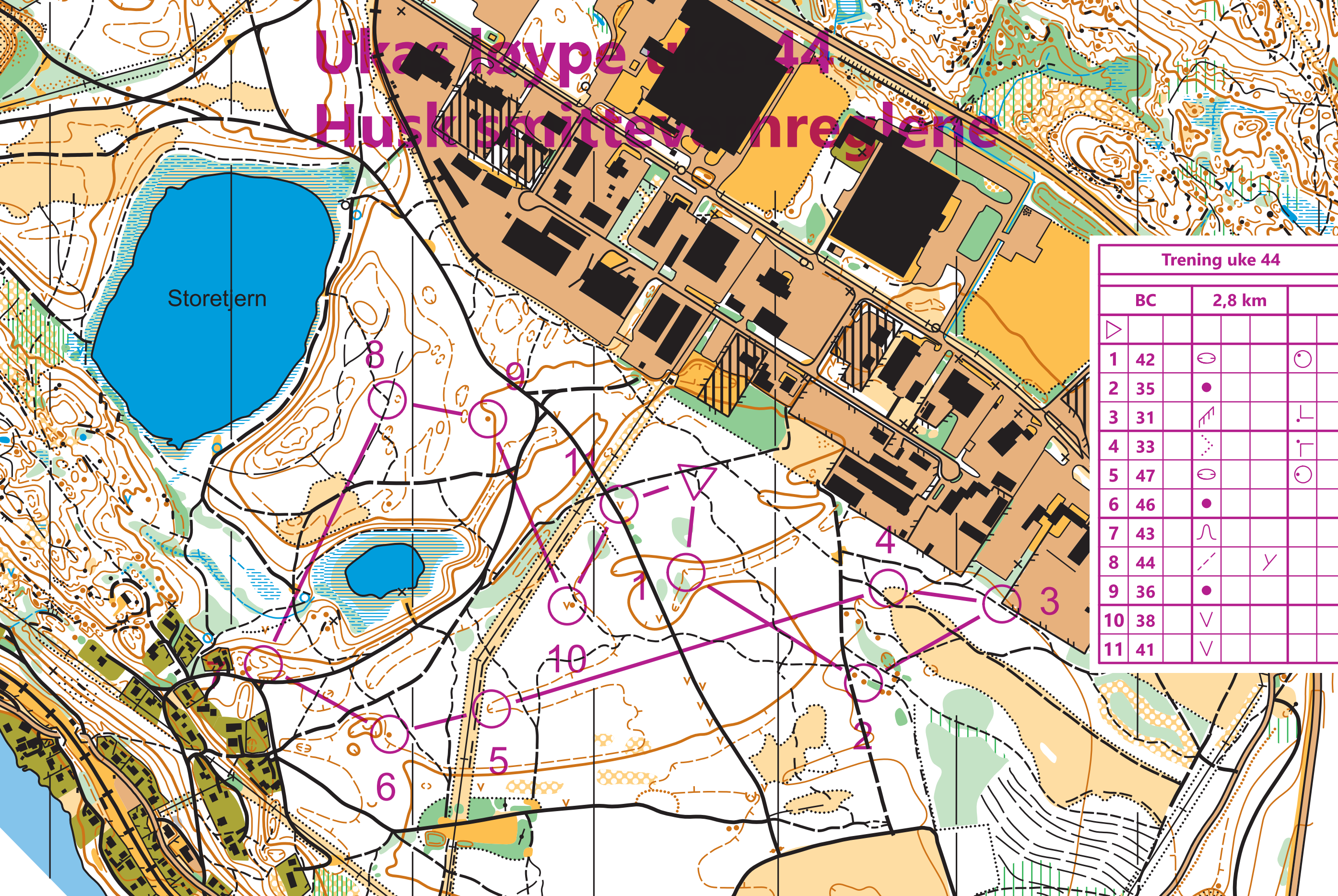


# Ukas løype uke 44

## Husk smitteverntrengene



Trening uke 44				
	BC	2,8 km		
▶				
1	42	○		○
2	35	●		
3	31	↗		└
4	33	⋯		└
5	47	○		○
6	46	●		
7	43	∩		
8	44	↘	γ	
9	36	●		
10	38	∨		
11	41	∨		