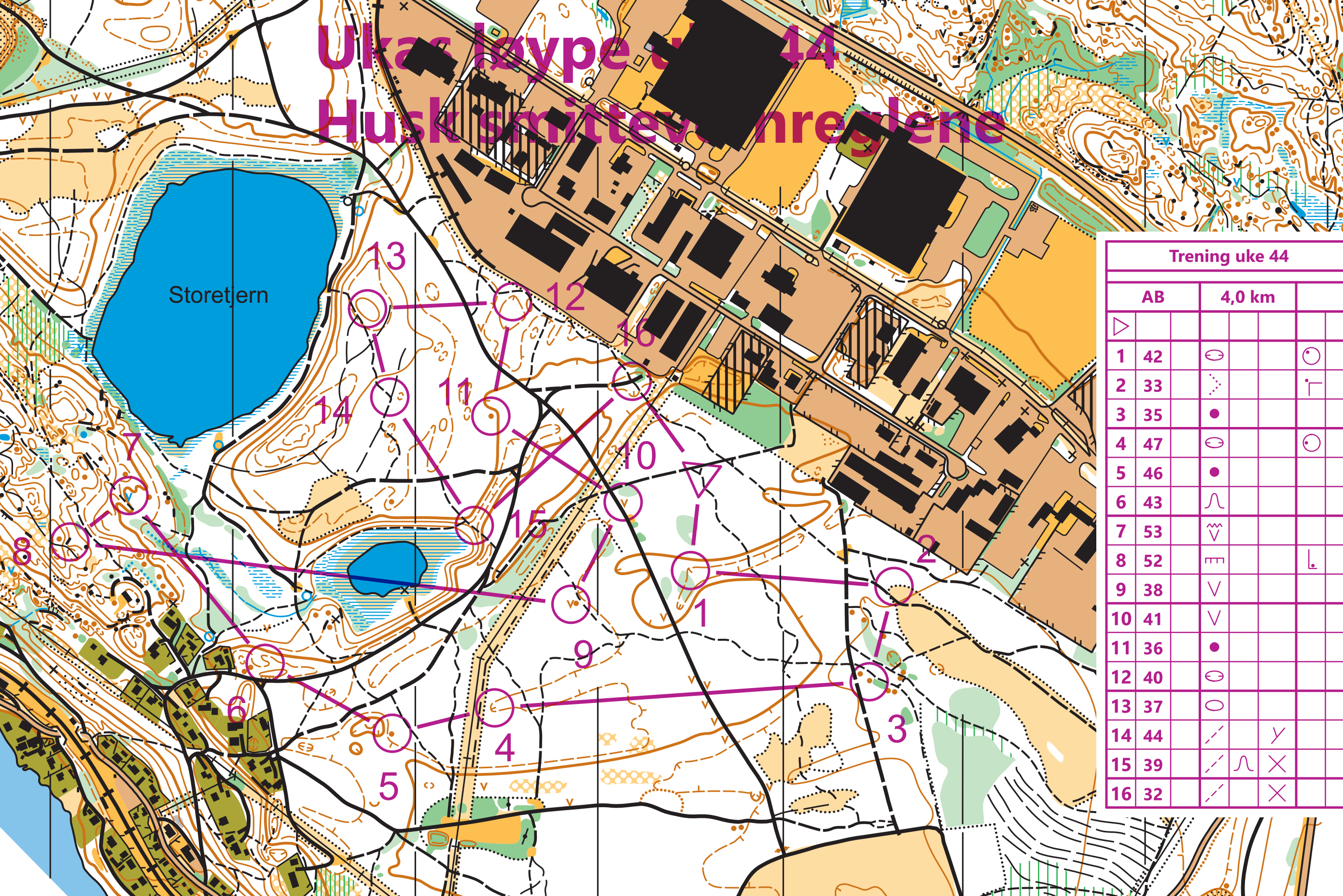


Uke 44 løype

Husk smitteverntrekkene



Trening uke 44

	AB	4,0 km		
▶				
1	42	⊖		⊙
2	33	⋯		┌
3	35	●		
4	47	⊖		⊙
5	46	●		
6	43	∩		
7	53	∇		
8	52	▯		└
9	38	∇		
10	41	∇		
11	36	●		
12	40	⊖		
13	37	○		
14	44	∕	∕	
15	39	∕	∩	×
16	32	∕		×